

BALANCED GOALS WORKSHEET

Area in life	Goal
PERSONAL DEVELOPMENT	Long-term goal: In 2010 I will achieve:
RELATIONSHIPS	Long-term goal: In 2010 I will achieve:
EDUCATION	Long-term goal: In 2010 I will achieve:

BALANCED GOALS WORKSHEET

CAREER

Long-term goal:

In 2010 I will achieve:

MATERIAL NEEDS

Long-term goal:

In 2010 I will achieve:

HEALTH

Long-term goal:

In 2010 I will achieve:

RECREATION

Long-term goal:

In 2010 I will achieve: